

INDIGO

- What makes the INDIGO so effective?
- Cybernetic loop - a two-way communication between the device and the computer which constantly "checks in" with the client, measuring progress.
 - The Auto-Focus function allows practitioners to individualize their protocols to meet highly detailed and specific needs of each client.
 - Passive biofeedback - helps clients retrain physiological reactions at unconscious/autonomic levels.
 - Rectification Values- calculates how well clients are responding to the intervention, moment to moment.
 - User-friendly - performs baseline measures and highlights (for the practitioner) the most beneficial biofeedback programs for that client.
 - Electrical calculations of the body electric such as (voltage, amperage, resistance, and more) can indicate the health and/or stress patterns of various physiological parameters.
 - SOC (Suppression / Obstruction to Cure) Lifestyle factors contributing to the body's overall stress load are reflected in the INDIGO's SOC scores.
 - Simultaneous program functionality - runs up to four programs at once to create an enhanced synergistic effect.
 - Built in Alarm-when a client has reached maximum training in a given session an indicator informs the practitioner.

The INDIGO biofeedback system can gently and non-invasively reduce stress and help clients enhance their quality of life.

Quantum Biofeedback is being used internationally in private homes, clinics and medical offices by biofeedback specialists and health professionals such as:

- Doctors/R.N.'s
- Acupuncturists
- Chiropractors
- Massage Therapists
- Physical Therapists
- Neurologists
- Educators
- Nutritionists
- Psychologists



Body Viewer Training Program



Universal Biofeedback Screen



For more detailed information on how the INDIGO Biofeedback System can benefit you, please go to:
www.thequantumalliance.com

Contact your local Certified Biofeedback Specialist Today:

Go to www.thequantumgallery.com

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STRESS MANAGEMENT • STRESS REDUCTION

Is Stress Affecting Your Health?

“Over time, stress leads to serious health problems. Don’t wait until then to combat stress. Start learning stress management techniques now.”

- Mayo Foundation for Medical Education and Research



What is biofeedback and how might it help me?

Biofeedback measures various physiological parameters of the body. The INDIGO biofeedback system helps manage and retrain stress patterns, educates clients on crucial information about stress and empowers them to make lifestyle changes to support overall health and well being.

Medical research shows that the benefits of biofeedback may include the following:

- Ability to relax more quickly
- Improved sleep
- Reduction of stress, tenseness and nervousness
- Improved general health and sense of well being
- Reduction of anger, fear, apprehension and gloominess
- Heightened muscle mobility, coordination, flexibility and sport performance
- Enhanced mental clarity, memory and improved attention
- Decreased pain/headaches



“Quantum physics has found that there is no empty space in the human cell, but it is a teeming, electric-magnetic field of possibility or potential”

- Dr. Deepak Chopra

What can the INDIGO tell me about my stress levels?

In approximately five minutes valuable information about the client’s stress reactions are recorded. Information about reactions to over 11,000 subtle stress related signatures and physiological parameters are also reported for client education.

Impacts of Stress

Stress is created by any upset to our body’s equilibrium. It can come from a wide variety of sources including: deadlines, pressures, excess stimulation, lack of sleep, exercise and good nutrition, emotional trauma, physical injuries, illness, infections, and much more. NIH research indicates that stress plays a role in at least 87% of all illness.

Common physiological changes resulting from stress reactions include:

1. Increased Heart Rate - which can lead and/or contribute to heart conditions.
2. Hormonal Fluctuations - which can lead and/or contribute to endocrine, reproductive, digestive disorders, obesity, diabetes and mental disorders.
3. Constriction of muscles and blood vessels - which can lead and/or contribute to pain, tension, circulatory issues, cardiopulmonary issues and asthma.
4. The suppression of non-essential life processes - which affects reproduction, higher executive brain function, digestion and immunity.

DISCLAIMER:
The INDIGO System is a biofeedback device designed for stress reduction, muscle re-education and pain management. It does not diagnose any condition, disease or disorder. Only a licensed health care professional can diagnose a patient.



What scientific principles led to the INDIGO biofeedback technology?

The INDIGO builds upon major developments in the fields of bioenergetics, voltametrics, quantum physics, homeopathy and more. It utilizes similar technologies as the MRI, CT Scan, EEG and ECG; all of which measure the electrical activity of the body to provide information about the state of a client’s health.

How the system works:

The INDIGO System utilizes five comfortable, conductive straps with sensors that measure Electro Dermal Response on the wrists, ankles and forehead. These subtle changes of moisture and temperature on the skin measure the body’s degree of stress and/or relaxation.